



## Frequently Asked Questions

### **What will you be teaching me?**

To be fair, we really aren't TEACHING anything. This event is a retreat. Retreats are specifically designed to remove a person from their daily life and the stress of their workplace so that they can focus attention on the learning that must take place for them to expand their abilities and increase their understanding...of themselves.

We facilitate learning. The participants bring with them the majority of what they will need to improve as leaders; their experience and personal desires as leaders. We facilitate their growth and support their development so that they can become better at what they do every day and gain the confidence to stretch out and push farther.

We believe that leadership is like a plant. In order for it to grow, you have to take it out of the field so it can be cared for and provided for. Once it gets a good start, it will have the root system it needs to thrive. Most leaders in this industry are seeds that are tossed into the dirt without support, and a HOPE that they will grow.

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### **What work will I be doing?**

The work of the Leader Circle is personal. The Leader Circle is a retreat. Professional retreats are designed differently than more common workshops and learning programs. In the construction industry, leaders rarely have the time to focus on themselves, identifying skills and characteristics that are important to their development, and developing vision that will improve their effectiveness as a leader and produce higher productivity from their teams. Leader Circle is a facilitated learning opportunity that helps leaders recognize and understand their personal development challenges and provides a space to construct meaningful plans to improve, as well as providing the leader with tools that aren't available in any other learning program in the industry.

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### **How should I plan to pack for the trip?**

#### **READ ALL OF THIS**

Climate info:

Location on Sept 16, 2019 - 59 LOW/71 HIGH

Location on Sept 16, 2020 - 58 LOW/80 HIGH

Location on Sept 16, 2021 - 56 LOW/77 HIGH

## FAQs Cont.

You'll be on site at the Retreat on Mt Charleston for 3 days and departing on the morning of the 4th day. It's dusty and dry. You'll likely be finishing the day in what you traveled in. You'll have time to shower and change depending on your arrival time, but you're totally OK in travel clothes. It's OK...you don't need to dress to impress us.

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### **What kind of shoes should I bring?**

Don't bring many. Sturdy boots. There's loose sand and rock. There are cactuses too. Make sure your shoes are broken in. You'll be walking. A LOT. Pack nice socks as well. Wicking socks under hiking socks. It sounds hot, but it will be worth it. Some sneakers or sandals to wear during off times. There's nowhere fancy nearby to go.

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### **What if I have dietary requirements?**

You should tell us. Whether you're on a diabetic diet or some other diet that has special concerns, we can make it work for you. But we have to know. We are pretty far out in the middle of nowhere. we have to make sure everything is supplied, so if you have special dietary requirements, it's on you to let us know. There is a space for this information on your registration form or you can email [jainsworth@breslin.biz](mailto:jainsworth@breslin.biz).

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### **How do I get from the airport to the retreat?**

Leader Circle will be providing limited charter bus runs for participants arriving at Harry Reid (Las Vegas) Airport. We will also provide limited bus runs from the retreat back to the airport on Sept 18.

Airport Departure times: 10:00am PT and 12:15pm PT

Retreat departure times: 9:00am PT and 11:15am PT

If you are arriving outside of these pick-up windows, please plan alternative transportation from the airport to the retreat and back or, if you don't want to take the shuttle, you're welcome to contact a rideshare service. On a normal day without traffic, it takes about 30 minutes to get from LAS to the retreat.

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### **I have bad knees, can I participate in the retreat?**

You can, but you might miss out on some of the primary context. The program was based in the desert because it is nasty and harsh...like our work. There's a lot of loose rock and slip hazards. We would suggest that you call and talk to us to get a clear picture of the venue. The facility is easy to navigate, but the sessions have some steep uphill and downhill. Expect some hiking. It's not difficult, but it is at elevation and through the desert. Most of the trails are paved, but it can be tricky.

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### **Can I bring my Wife, Husband, Spouse, Partner?**

We don't have a rule that says you can't. But we are asking that you don't.

## FAQs Cont.

This isn't a vacation. It is a retreat. It's a retreat that provides you space to grow as a person. As an individual. As a leader, spouse, partner, parent, whatever. Personal growth occurs when we can be away from the familiar so that we can explore new perspectives without the connective relationships that link us to our common lives and behaviors. There is literally nothing to do here except the program and appreciating the scenery. We would ask that you have your full mind on the program and your personal development, the whole time.

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### **What costs can I expect?**

The program costs \$3,900. We will provide breakfast, lunch, dinner, and rooms as well as limited transportation to and from the airport. If you want any specific snacks or drinks, you'll need to pick that up before you come up on the mountain. Likewise with alternative transportation – that will be your own out of pocket.

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### **Can I go out at night?**

Absolutely!!! You're only a billion miles away from the strip.

Yeah, you CAN go out, but think about **why** you are coming and what your intentions are while you are here. We didn't book our training to occur on the strip. We CHOSE this place because of the harshness, the desolation, and the beauty of it. It's like our work. You're going to be a LONG 40 minutes from the nearest gas station. It's remote and it's quiet. We came here because of that. You can absolutely go out at night. There are a ton of stars to see.

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### **I have allergies, what should I plan for?**

Lots of dust. You should plan for lots of dust and random pollen. Whatever you typically take at high pollen season...you should prepare that for a few days before you arrive and while you're here.

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### **What's the temperature like?**

It's really, **really** dry. It's also not terribly hot in September. highs of 80 and lows in the mid-50's. Not too bad. Except, you're in the desert and the sun bakes you every moment and dries you out. So, you'll get nosebleeds and headaches because you didn't drink enough water. Please consider the location and climate and take care of yourself – listen to your body.

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### **What kind of gear do I need to bring?**

You really don't need much. We will be providing much of what you'll need on our excursions. If you have preferred things like bug spray, sunscreen, etc., feel free to bring some. But, we feel comfortable that we have planned very well to meet your needs for a very sparse and reflective retreat.

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### **Appropriate dress code?**

## FAQs Cont.

Hiking clothes. You will be spending a significant amount of time walking. There is some heavy uphill and some steep downhill. We will be wearing hiking clothes and boots. You are welcome to wear dress clothes, but you're going to regret it. Shoes: Bring sturdy boots and good socks. Bring something to change into in the evenings. Don't bother with dress shoes. It's dusty and dirty here. You'll be filthy when you leave. You'll also be better.

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### **What's the physicality of the program?**

It's a 7 on a 1-10 scale. In this program...we walk. A lot. It's hot. It's dry. You're probably going to get stuck by a cactus. Tough shit. Honestly, it's pretty harsh out here. If you don't handle heat, dry, or strenuous activity well, please consider that in your decision to participate. This program was designed to include strenuous activity. Not hyper-masculine...just hard. If your knees are bad, it's going to be extra challenging. If you have stomach problems, extra challenging. It's hiking...in the desert. If you think the activities in this retreat are too much for you, we have other programs that can develop your skill. We built this one because we LOVE the outdoors and wanted to be able to deliver a program that is as tough and durable as the Mojave itself.

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### **Will I need cash while I'm there?**

The facility accepts credit cards, but you might want to bring some cash to buy snacks at the general store. It's pretty basic, you won't need much.

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### **Will it be fancy?**

Nope. Not at all. Las Vegas is the airport. You're coming to the Spring Mountains. There's no lights or casinos here. There's no fancy receptions or dinners. We chose this place for its accessibility and its beauty. Not the pedigree.